

LIFE DOES NOT STAND STILL



texas pain institute

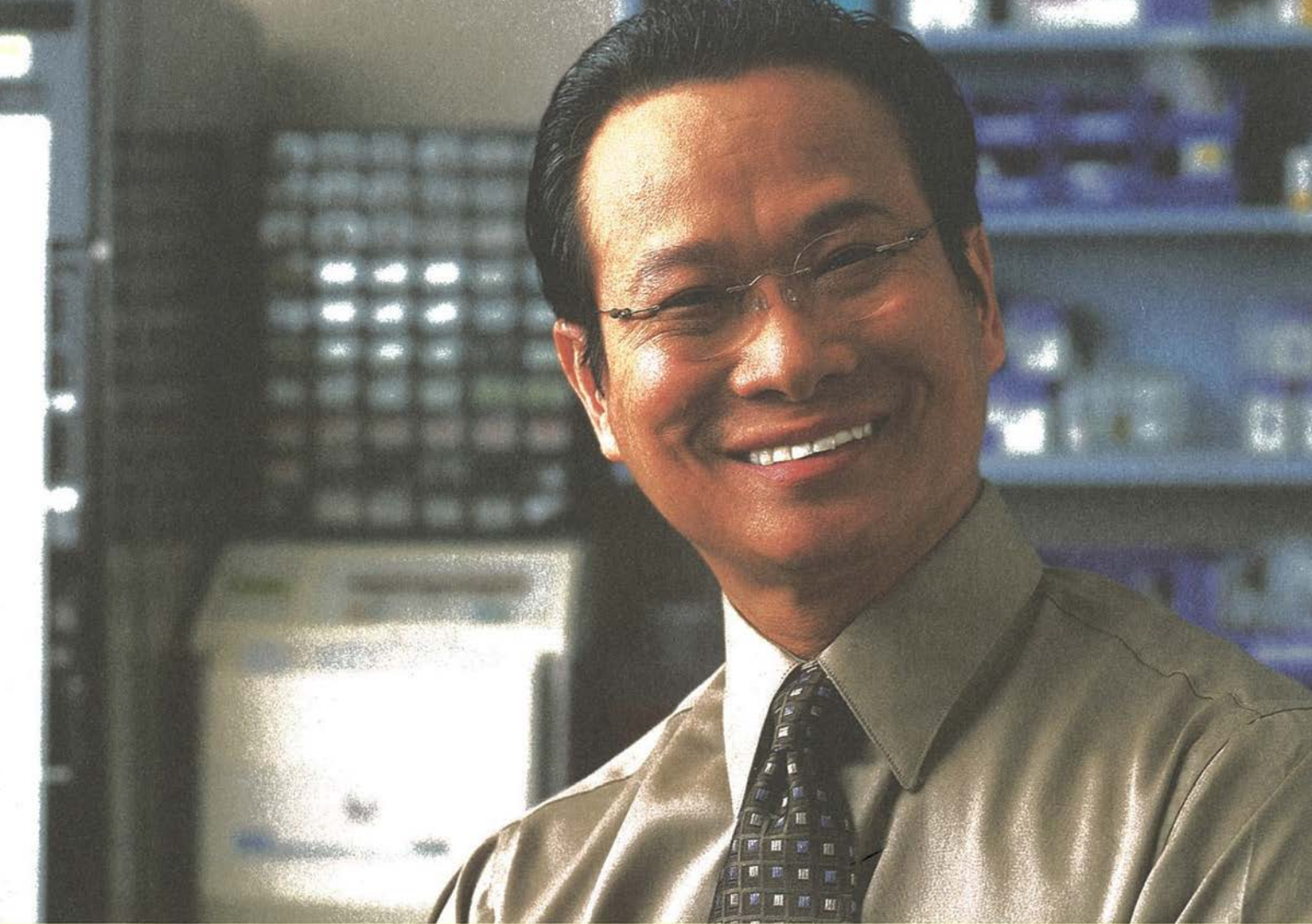
AND NEITHER SHOULD YOU

Despite the finest medical care by doctors and clinicians, more than 50 million Americans each year continue to suffer from chronic pain. Whether the result of sickness or injury, persistent pain is frustrating for both the patient and the caregiver. It not only causes tremendous stress, it can disrupt daily activities and make a normal life nearly impossible. When chronic pain reaches a debilitating level, patients can benefit from the focused, individualized care provided by the Texas Pain Institute.

A unique multi-site pain management facility dedicated to the compassionate, comprehensive treatment of pain, the Texas Pain Institute (TPI) works with your primary care physicians to support and complement patient care. Providing specialized treatments that address both the psychological and physiological aspects of pain management, TPI offers help and hope to pain sufferers who want to regain their optimal level of productivity.







"I believe that to effectively treat the pain, I must become familiar with the whole person. Many times, there can be nutritional, lifestyle and psychological aspects that contribute to a patient's condition. Therefore, it's important that we diagnose each patient as an individual, and discuss treatment options based on that person's lifestyle and expectations. Only then can we put together an optimal treatment plan."

SON K. NGUYEN, M.D. DIPLOMATE, AMERICAN BOARD OF PAIN MANAGEMENT



OUR MEDICAL TEAM EXPERIENCE EQUALS EXCELLENCE

Founded in 1990 by Dr. Son K. Nguyen, TPI features a team of medical experts who specialize in the relief and management of chronic pain. Dr. Nguyen personally visits with each patient as part of the initial examination. During this visit, the doctor asks questions about the source, nature and severity of the pain, and obtains details about the patient's health history. A longtime specialist in the diagnosis and treatment of pain, Dr. Nguyen knows that while many factors can cause pain, the only way to effectively treat pain is with one-on-one, personalized care.

Dr. Nguyen attended medical school at the University of Cincinnati College of Medicine. He then served a surgical internship at Baylor College of Medicine in Houston, where he was honored to work with Dr. Michael DeBakey, pioneer of the artificial heart. Dr. Nguyen continued his studies at The University of Texas Medical Branch in Galveston, specializing in anesthesiology and pain management.



MANY CAUSES MANY TREATMENTS TPI CAN HELP

According to a recent government study, at least half of all patients given conventional therapy for pain do not get adequate relief. For these cases of chronic, persistent pain, specialized care is needed above and beyond what a primary care physician normally provides. At TPI, we understand the roots of chronic pain, and we have many options for treatment.

Our patients suffer from pain caused by a variety of sources, including disease, traumatic injury, headaches, musculo-skeletal irregularities or post-surgical discomfort. TPI evaluates every patient's medication history and physical therapy regimen as a part of the initial visit. Once we determine the cause and nature of the pain, we develop a comprehensive plan of treatment.

OUR SERVICES INCLUDE

MEDICATION MANAGEMENT

PHYSICAL THERAPY

THERAPEUTIC NERVE BLOCK

Literally blocking the pain at its source in the nerve. Various types of nerve blocks can be useful in treating or diagnosing pain caused by both benign and malignant diseases.

EPIDURAL STEROID INJECTION (ESI)

A frequently used, non-invasive option in the management of acute and chronic lower back pain.

RADIOFREQUENCY DISCAL NUCLEOPLASTY

Reduces the pressure from the surrounding nerve roots by reducing the herniation.

RADIO FREQUENCY THERMOCOAGULATION (OR LESIONING)

Uses heat to treat the nerves that conduct the pain.

DISCOGRAM

A diagnostic tool that determines the structural integrity of an intervertebral disc (or discs). Used to discover if a particular disc is causing the pain.

SPINAL COLUMN STIMULATOR

For patients with neuropathic pain. Involves sending electric signals into the target area, producing a tingling that eases the pain.

SPINAL PUMPS

Involves surgically implanting a pump under the skin to deliver opioids directly into the spinal fluid.

INTRA-DISCAL ELECTROTHERMAL THERAPY (IDET)

Uses heat to soften the wall of the disc, sealing any cracks, thus eliminating the source of pain.

LASER DISCECTOMY (LASE)

For patients who suffer from a herniated disc. Involves surgically removing the offending portions of the disc.

BOTOX INJECTIONS

Used for treating muscle spasms. Relief lasts from three to six months.